## KS1/KS2 Progression Tables



Being Safe Progression Table - Through the module Being Safe pupils will be able to ...

KS1	LKS2	UKS2
Keeping safe	Keeping safe	Keeping safe
• Explore basic rules for keeping safe online e.g. not to share information, whom to tell if they see something online that is upsetting, the importance of passwords and the importance of adult supervision.	<ul> <li>Explain basic strategies to help keep themselves safe online e.g. passwords, using trusted sites, identifying misinformation, sharing information, who to trust, how to report.</li> </ul>	<ul> <li>Identify strategies for keeping safe online including how to report the misuse of personal information or sharing of upsetting content/images, the importance of personal responsibility/ balancing time online/offline.</li> </ul>
Talk about examples of rules and age restrictions that are there to keep them safe.	<ul> <li>Identifying situations where age restrictions apply.</li> </ul>	<ul> <li>Explain reasons for age restrictions/ regulations.</li> </ul>
<ul> <li>Identifying possible risks/ hazards in the home and outside.</li> </ul>	<ul> <li>Identify and assess risk online/ offline. (Including in the home and when playing out).</li> </ul>	<ul> <li>Predict, assess, and manage risks online and offline. (Including road and water safety).</li> </ul>
• Explore how to keep safe and reduce risks at home and in their local environment.	<ul> <li>Discuss ways to reduce risks at home and in the local environment in order to stay safe.</li> </ul>	• Explore how the pressure/ excitement in the moment can affect how we manage risk.
First Aid	First Aid	First Aid
<ul> <li>Recognises what to do if there is an accident and someone gets hurt. Including keeping themselves safe first.</li> </ul>	<ul> <li>Explain what first aid is and demonstrate basic techniques for dealing with common injuries such as asthma attacks and bites/ stings.</li> </ul>	<ul> <li>Identify hazards that may cause injury. Demonstrate basic first aid techniques for dealing with common injuries such as bleeding and choking.</li> </ul>
Demonstrates how to ask for help including calling 999.	<ul> <li>Identify why first aid is important and demonstrate how to ask for help including calling 999 in an emergency.</li> </ul>	<ul> <li>Explain how to respond in an emergency, including when and how to contact different emergency services.</li> </ul>



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